

Stair to Paradise; Satopanth Lake

Satopanth lake is triangular lake of serene water has a perimeter of about half a kilometer. It is about 25 Kms. from Badrinath. Brahma, Vishnu and Maheshwar, the Hindu trinities are believed to occupy one corner each, and which are named after them. The trek is hazardous, but full of dramatic scenery. There is no place to rest between, except caves. Cooked food, stove etc. have to be carried from Badrinath itself. It is a glacial lake surrounded by high snow capped peaks, 25 km from Badrinath.

Area: Garhwal Himalayas

Duration: 8 Days

Altitude: 4330 mts/14203 ft

Grade: Moderate to tough

Season: June - Mid October

Day 01: Delhi - Haridwar (By Train) - Rishikesh (24 kms/40 mins)

In the morning take an Ac train for Haridwar at 06:55 hrs. Arrival at Haridwar by 11:25 hrs and then met our representative and transfer to Rishikesh. Evening free to explore the area. Overnight stay in hotel.

Day 02: Rishikesh - Joshimath (270 kms/8-9 hrs)

In the morning met our guide and then drive to Joshimath via Devprayag, Rudraprayag. One can see Devprayag (confluence of Alaknanda & Bhagirathi.) on the way. The Holy River Ganges starts from here. Arrival at Joshimath by evening. Check in to the hotel. Dinner and overnight stay at hotel.

Joshimath

The religious centre, established by Adi Shankaracharya, which he called Jyotirmath, later, came to be known as Joshimath. Among the sites of interest are the temples of Nav Durga and Narsingh. Apart from its obvious religious importance, Joshimath is known for its scenic beauty.

Day 03: Joshimath - Badrinath (45 kms/ 2 hrs)

In the morning drive from Joshimath to Badrinath, sightseeing and overnight in hotel.

Badrinath, Badrinath Temple is the abode of Lord Vishnu. It is situated at an altitude of 3130 m at the banks of Alaknanda. In the backdrop, is the Neelkanth mountain peak situated between the twin peaks of Nar and Narayan. The name is derived from wild berries called Badri. Adi Shankaracharya established the idol of Vishnu in the temple. Near the temple is a hot water sulphur spring, Tapt Kund.

Day 04: Badrinath - Mana - (3 kms drive/20 mins) - Vasudhara (5 kms/2 hrs)

In the morning visit Badrinath temple and later after breakfast a short drive to Mana village (Last village of the border). From here we will trek to Vasudhara via Bheem Bridge with packed lunch. Dinner and overnight stay in camp.

Mana Village - 3 km from Badrinath, this is the last village of India on the Indo-Tibetan border. The Indo-Mongolian tribe set up this village. A population of 200 people lives here. As soon as the gates of Badrinath open, they come here and as soon as they close, they go down to the plains where they live for the rest of the year. In this way they live a dual family life. These people are very

hardworking and industrious. They wherein the women knit and weave sweaters, carpets, etc run a small-scale industry of woolen clothes. They are very attached to their culture and traditions. Earlier they traded with Tibet but in 1962 this was shut down. Tourists come in plenty to this quaint village.

Bheem Bridge - A short distance from Mana Village a natural bridge made of a huge boulder, over the river Saraswathi is seen. The story goes that Bheem; one of the Pandava brothers put it there. The view of this extraordinary bridge and the din of the flowing river make this place interesting.

Vasudhara falls - 5 km after Bheem Bridge this astonishingly high waterfall is very attractive. The most interesting aspect about this place is that all the water here becomes vapour and vanishes into the atmosphere. The view looks like the Ganges is descending from the sky.

Day 05: Vasudhara – Laxmi Van – Satopanth (7 kms/4-5 hrs)

In the morning after breakfast trek to Laxmi Van (4 kms). Enroute we will pass through dense forest. After lunch further trek to Satopanth Lake (3 kms). After exploring the lake trek back to Laxmi van for dinner and overnight stay.

Satopanth Lake - Satopanth Lake is 18 km from Mana Village amidst the difficult areas of Himalayas. The water in the lake is very calm. On the banks of this lake are innumerable lotus flowers. To get here one has to come via Lakshmi Forest. To return from here to Badrinath on foot it takes 3 days.

Day 06: Laxmi Van – Vasudhara fall – Mana – Badrinath

In the morning trek back to Mana village and then 3 kms drive to Badrinath with pack lunch. Upon arrival at Badrinath check in to hotel for dinner and overnight stay.

Day 07: Badrinath – Rishikesh (265 kms/9 hrs)

Early in the morning drive to Haridwar via Rudraprayag & Devprayag.

Day 08: Rishikesh – Haridwar - Delhi

Early in the morning transfer to Haridwar railway station to catch a train for Delhi. Arrival at Delhi by afternoon.

Trip & Services Ends Here

Cost of the trip

USD 635 per person* (For a minimum of 2-4 people)

INR 28500 per person* (For a minimum of 2-4 people)

*4.9% service tax extra

COST INCLUDES

- Train: AC Train from Delhi to Haridwar & back
- All **road transfers** by a Mahindra Max Car from Haridwar to trek point & back
- **Accommodation** Hotel in Rishikesh, Joshimath, Badrinath on bed & breakfast basis. While on trek Dome/Alpine tents will be provided.
- **Meals:** At hotel only breakfast will serve. While on trek all meal will be provided. Meal will be freshly prepared by mix of Indian, Chinese and Continental
- **Camping equipment** like tents, mattresses, camping stools etc.

- **Professional and experienced local trekking guide**
- **Cook, porters & Helper**
- **Trekking permit**
- **Camping fees**

COST DOES NOT INCLUDE

- Enroute meal
- Any meals / services not mentioned above
- Liquor, soft drinks, bottled water, beverages, etc.
- Personal expenses like tips, telephone calls, laundry, etc.
- Any expenses rising due to bad weather, landslides, etc.
- Travel insurance

Trekking Equipments List
<ul style="list-style-type: none"> • Trekking shoes or Regular sports shoes Nike or Adidas • One warmer (jacket or equivalent with hood) • One wool shirt or sweater, Two cotton shirts/T-Shirts • One pair cotton trousers or shorts • One pair shorts or calf-length skirt for women • Three pairs of regular underwear • Long underwear - thermal or wool • Wind- and rain-gear with hood, Sun hat, Cotton socks 4 pair • Personal first-aid kit including medication for common ailments • Flashlight with extra batteries, Sunglasses • Water bottle, preferably wide mouthed, with at least one liter capacity • Pocket knife, Camera, Note book with pens and pencils • Plastic bags - small size for books, film etc., larger bags for clothes • Suns cream lotion • Personal toiletries