

Mountain Biking in the Garhwal Himalayas



Peak Adventure Tours showcases some of the best experiences that a cyclist looks for. Rigorous sweating sessions are rewarded by beautiful sights of mountain peaks and deep gorges, of thick forests, and occasional glimpses of wildlife scurrying across the route. Learn about the simple people populating the mountain valleys, their ways, and their culture. Mountain biking of course requires fitness as the terrain is both rugged and rough. Stamina and perseverance helps one climb steep patches, bike trails where numerous surprises can always catch one unawares are some of the features that our team of expert guides can offer you!

Region: Garhwal Himalaya

Ideal Season: March - May & September - December

Maximum Altitudes: Chopta 2680 Mts

No. of Days: 11 Days from & back to Delhi

Total Biking: 326 Kilometer Approx

Leader: Indian Leader

Day 01 Delhi - Dehradun - Mussoorie (285 kms/8 hrs approx)

In the morning meet Peak Adventure Tour Executive and then drive to Mussoorie via the beautiful valley town of Dehradun, known for its internationally renowned Schools, its Litchis, and the famous Dehra Dun Basmati rice. Lunch enroute.

Mussoorie (Alt 1880 metres) – called the queen of the hills since the days of the British Raj, popular as a honeymoon destination for newlywed couples; presents a



breathtaking view of the Dun valley especially in the night, and a wide angle view of the Himalayan ranges during the day (except monsoons). On arrival hotel check in. Familiarize with the bike near Mussoorie. Overnight stay at hotel.

Day 02: Mussoorie – Dhanolti (30 kms/2-3 hrs)

In the morning after breakfast get ready for your day first biking tour towards Dhanolti (Alt 2286 metres). This is a continuous 27 Km uphill road cut into a steep mountain side. The ride follows a ridge covering very picturesque spots and overlooking deep valleys and lofty mountains. One gets to ride through the unspoiled Cedar surrounded roads of Dhanolti- famed for its Himalayan view and apple orchards. On arrival check in to hotel. Overnight stay at Dhanaulti.

Day 03: Dhanolti – Tehri (45 kms/4-5 hrs)

After breakfast, get ready for the thrill of downhill mountain biking to the Yamuna Valley to reach the Yamuna bridge and then ride over a continuous ascent till New Tehri (Alt 1550 mtrs) - in the Bhagirathi river valley This hill town was constructed after the Tehri Dam project made Old Tehri inhabitants relocate here. During peak summers, the ruins of Old Tehri are clearly visible in the water owing to the receded water level. Visit the Dam site - an astounding manmade marvel - the highest dam in Asia: producing well over 2400 MW of electricity. Overnight at hotel/guest house overlooking the biggest manmade lake in Uttarakhand.

Day 04: Tehri - Ghansali (45 kms/4-5 hrs)

15 Bhagirathipuram flat 2.5 hrs till enjoy view of lake 45kms After breakfast ride your



bike downhill towards Ghansali located in the (Bhilangana river valley) via Mulgarh. The ride till Bhagirathipuram 15 kms away is more or less flat, followed by a little more climbing and a great downhill run marks the end of the day's session of biking. Overnight at Guest House at Ghansali.

Day 05: Ghansali - Chirbatia (35 kms/4-5 hrs)

Get ready for the biking towards Chirbatia post breakfast. Initially a ride takes one over approx 10 Kms of flat road, followed an arduous 18 km climb, gradually easing into a steady descent for the remaining duration of the metalled/semi metalled road surface. Though taxing, most of the way, the fag end of the ride through pine forests provides a soothing respite. The whole area is complete with exceptional medicinal herbs and a repertory of wild flowers. Overnight at Guest house at Chirbatia.

Day 06: Chirbatia - Chandrapuri (58 kms/5-6 hrs)

In the morning after briefing and breakfast, take the route towards Chandrapuri- a small market of the nearby villagers surrounded by Pine forests. The 3 hour ride is mostly downhill over a fairly good asphalt surface till Agastmuni. A ride through some small village market places en route, through the mostly flat route makes one reach Chandrapuri - a scenic village in the Mandakini valley, well known for its paddy fields, overlooking the Mandakini river (originating near Kedarnath). Overnight at Guest House at Chandrapuri.

Day 07: Chandrapuri - Ukhimath (23 kms/3-4 hrs)

After breakfast ride towards Ukhimath- a town of great religious significance (during



the winters, the idols of Lord Kedarnath are brought to Ukhimath from Kedarnath). The ride is easy and mostly downhill till Kund (a small hamlet consisting of not more than two dozen households). The road bifurcates into two branches from here- one that goes in the direction of Kedarnath, and the other to Ukhimath. The 7 kms stretch from Kund is all uphill -through an isolated road zig zaging up till Ukhimath - with seasonal springs en route to cool the overheating bodies. This stretch has hardly any downhill stretches, and is a fairly rigorous ride. On arrival check into hotel. By evening one can visit the Ukhimath temple. Overnight stay in rest house at Ukhimath.

Day 08: Ukhimath - Chopta (40 kms/4-5 hrs)

In the morning savor the view of the snow capped peaks in the first rays of dawn, and after breakfast ride uphill towards Chopta- called mini Switzerland of Garhwal! Today the ride is continuously uphill, and though it's not too hard but continuous pedaling is rewarded by the view one enjoys at the end of the day's ride! The grasslands of Chopta remain hidden under winter snow between 3 - 4 months. Owing to its isolated location it is not rare to catch a glimpse of Monal Pheasant, Leopard, Small Indian Civet, Jungle Cat, Sloth bears, Langur, Sambar deer, Barking deer, Porcupine etc to name a few! Chopta is also a bird watcher's paradise, and special trips are organized to this area for amateur Ornithologists. On arrival check in to guest house/tent. Overnight stay at Chopta.

Day 09: Chopta – Chamoli (50 kms/5 hrs)

Spend the morning enjoying the scenic beauty of Chopta (Alt: 2680 metres). One gets



to see the magnificent view of Himalayan peaks such as Trishul, Chaukhamba and Nanda Devi from here. The members seeking an extra workout can walk 3.5 kms up to the Tungnath Temple (the highest Shiva Temple in India -Alt: 4000 metres) Afternoon post lunch, enjoy the downhill ride, towards Chamoli, through the thick forests of Mandal valley to reach the beautiful hill town of Gopeshwar. Arrival at Chamoli by evening. Overnight stay at hotel.

Day 10: Chamoli – Byasi (170 kms/8 hrs)

In the morning after breakfast, board the vehicle to Byasi via Devprayag – a town revered by Hindus as it is the confluence of rivers Alaknanda & Bhagirathi! Visited by the Great Hindu philosopher and reformer Shankaracharya (approx 800 CE) the confluence is known as the true beginning of the holy river Ganga! Arrival at Camp Nirvana (a secluded adventure cum Rafting Camp, on the bank of river Ganga 30 kms short of Rishikesh), by early evening. Enjoy the serenity of the quiet environs in the warm glow of a bonfire at dinner time. Overnight stay in tents at Camp Nirvana- Byasi.

Day 11: Byasi- Rishikesh - Haridwar - Delhi

Post breakfast get ready to enjoy the thrills of white water rafting in the Ganga from Shivpuri to Rishikesh, one can encounter rapid called double trouble, golf course, roller coaster etc. one can try his/her stamina on body surfing & cliff jumping. Lunch en route at Rishikesh. Disembark at Rishikesh (Rishi means Sage and Kesh means

Hair), Enjoy the hustle and bustle of this little town known for its Temples, Sadhus, and Ashrams Travel to Haridwar Railway station by car in the evening. Catch the A/C



train for Delhi at 06:15 hrs. Arrival at Delhi by 22:45 hrs.

Trip & Services Ends Here

Departure Dates:

1st Batch: 23 March - 02 April 2012

2nd Batch: 06 April - 16 April 2012

3rd Batch: 21 Sept - 01 Oct 2012

4th Batch: 12 Oct - 22 Oct 2012

COST OF THE TRIP

USD 945 per person* (for a minimum of 2-4 person) Foreign Nations

Rs. 37500 per person* (for a minimum of 2-4 person) Indian Nations

***4.9 % service tax extra**

COST INCLUDES

- **Accommodation:** All the accommodation will provide on hotels/guest/tent house according to itinerary.
- **Transport:** Support vehicle for entire trip according to itinerary.
- **AC Car** from Delhi to Mussoorie
- **AC Train** from Haridwar - Delhi
- **Meals:** All Meal will be provided except Mussoorie (only breakfast will serve). Meal will be mix of Indian, Chinese and Continental and freshly prepared.
- Professional guide from Mussoorie to round the trip till Haridwar
- Experienced Driver
- River Rafting on Ganges
- All meal at River Rafting Camp at Rishikesh

COST DOES NOT INCLUDE

- Bike charges
- Airfare

- Monument entry fee
- Any charges for carrying video cameras, still cameras, etc.
- Alcohol, soft drinks, bottled water, beverages, etc.
- Personal expenses like tips, telephone calls, etc.
- Any meals/services not mentioned above
- Any costs arising out of unforeseen circumstances like landslides, road blocks, bad weather, etc.
- Insurance

Bike Charges: Rs 1000/USD 25 per day per bike per person (Fire Fox Bike)

Bookings:

For confirming the trip you need to send us an email that you want to book the trip with us. Once we receive the e-mail from your side, we will send you our bank details and you need to send us 25% as an advance payment along with your comments.

Mountain Biking Gear List:

- * Lights
- * Cycling Helmets
- * Hydration Packs
- * Hydration Pack Accessories
- * Water Bottles
- * Compasses
- * Watches
- * Sunglasses

Bike Tools & Accessories

Complete your Tools & Accessories with these pieces of gear.

- * Bike Repair Tools
- * Bottle Cages
- * Seat Packs
- * Pumps
- * Bike Locks
- * Bike Grips
- * Handlebar Bags
- * Cyclometers

Mountain Biking Clothing & Apparel

Wear appropriate clothes to keep you warm, dry, and protected.

- * Jerseys
- * Outdoor Jackets
- * Mountain Bike Jackets
- * Outdoor Shorts
- * Cycling Shorts
- * Mountain Bike Pants
- * Cycling Tights
- * Cycling Bibs
- * Cycling Gloves
- * Arm Warmers