

Har Ki Dun - Ruinsara Tal Trek



Har-ki-Dun, situated at an elevation of 3566 meters is surrounded by glittering peaks and dense forests. The forests are rich in wild life and are a veritable paradise for bird-watchers and nature lovers.

This is good trek for all age groups and the valley is full of flora and fauna. One can spend time with herbs & shrubs for medicinal purpose. Also photography too has great area to snaps for variety of birds & nature. This is a holly place. Also it is a base of Swargarohini ht. 21000 ft. In our old granth (books) it is mentioned that Pandav went to Swarga (Heaven) through this mountain. This is a place where you can find Trees of Bhojpatra flower Bramhakamal. Swargarohini and Jaundar Glacier is at south-east of Har-ki-dun. Towards west you can see Bandar Punch. Duryodhan is a God of few community here, you can find temple of Duryodhan. People survive on farming Rice, Rajma, and Charas. They use wood of Deodar tree for their house. You can find many people using Hukka for smoking. One can smell of pine while having Hukka. Also because of popularity of this area for trekking Portrays is another way to earn for locals here. They generally work under the Kedar.



Area: Garhwal Himalayas

Duration: 13 Days.

Altitude: 3566 mts/11697 ft

Grade: Easy - Moderate

Season: March - June & Sept - Mid Nov

Day 01: Delhi – Dehradun – Mussoorie

In the morning take an AC Train for Dehradun at 06:55 hrs. Arrival at Dehradun by noon. Upon arrival at Dehradun met our representative and then transfer to Mussoorie and check in to hotel for overnight stay.



Mussoorie, with its green hills and varied flora & fauna, is a fascinating hill station. Commanding snow ranges to the north-east, and glittering views of the Doon Valley & Shivalik ranges in the south, the town presents a fairyland atmosphere to the tourists.

Its history dates back to 1827 when Captain Young, an adventurous military officer, explored the present site and laid the foundation of this holiday resort which now has few rivals. Mussoorie is famous for its scenic beauty and hectic social life. It provides all kinds of amusement and every facility for domestic and foreign tourists.

Mussoorie is conveniently connected to road by Delhi and major cities and is the 'Gateway' to Yamunotri and Gangotri Shrines of Northern India.

Day 02: Mussoorie – Sankri (166 kms/ 5-6 hrs)

This day hit the road and drives to Sankri. Sankri, via Mussoorie, Kempty falls, Purola and Mori. This is starting point of our trek. Overnight in tourist rest house/tent.



Day 03: Sankri – Taluka (1900 m/6232 ft) 14 kms/4-5 hrs

From Sankri the road is well made

and passes through dense forest with gorgeous views down the valley, of local settlements and river Rupin. Taluka, a small hamlet nestled in the laps of nature



is located at the 1900 Mts. Taluka has guest houses and a few shack shops providing daily provisions to the local inhabitants. Overnight in tourist rest house/tent.

Day 04: Taluka – Osla (2560 m / 8400 ft) (13 kms/6-7 hrs)

The trail from Taluka village initially descends and then continues gradually on the true left of the valley adjoining the river Rupin. Later the trail winds up the beautiful forest of Chestnut, Walnut and Willows and continues to the village of Gangar. Here cross the side stream and continue to climb to see settlement of picturesque Osla village at a distant on the true right of the valley. Continue to trek to Seema the campsite just opposite to the village of Osla separated by the swift river. Seema is a small tourist hub with shops of limited supplies, a forest rest house and tourist Bungalow. Overnight in tourist rest house/tent.

Day 05: Osla – Har – Ki Dun (3566 m / 11700 ft) (12 kms/6-7 hrs)

The trail from Seema initially continues on the true left of the valley, goes past fields followed by crossing a hanging bridge over river Rupin, to the true right of the valley. The trail now ascends, go past through fields and pastures with huts. The coniferous flora on the opposite side of the valley is awesome and much adorable. The trail climbs to the ridge locally named as Kalkatti Dhar, from where the trail traverses to give you awesome view of Har Ki Dun. From here initially the trail climbs gradually and later gets steep in times go past through beautiful meadows to the campsite at Har KI Dun. The campsite is by



through beautiful meadows to the campsite at Har KI Dun. The campsite is by

the small stream, with peaks of Har Ki Dun and Swargarohini towering above. Overnight in the tents.



Day 06: Har Ki Dun

The day is for relaxation and exploration. Having a morning at ease you can explore Morinda lake in the first half of the day. After lunch exploration towards Jaundhar Glacier is adorable. Overnight in the tents.

Day 07: Har Ki Dun - Debshu Bugyal (14 kms/4-5 hrs)

In the morning after breakfast trek to Debshu Bugyal. Lunch enroute, dinner and overnight at camp.

Day 08: Debshu Bugyal - Ruinsara Tal (3500 m/ 11480 ft) (16 kms/5-6 hrs)

Today we start trekking early towards Ruinsara Tal. The Trek from Debsu Bugyal to Ruinsara Tal is through, terraced mountain fields, lush green grassy lands and conifer forests through extremely scenic landscape. The gradient of the trek is moderate and one will be able to complete the trek in 5 - 6 hrs on arrival at the lake set campsite. Overnight in tents.



Day 09: Ruinsara Tal

The day is for rest/acclimatisation/exploration.

One can explore the surroundings around the lake. The place is full of photographers delight. Dinner and overnight in stay in tents.

Day 10: Ruinsara Tal - Osla (18 kms/4-5 hrs)

After breakfast start trekking back towards Osla (18 kms). This trek will take about 4-5 hours. Set up a camp by the Supin River. Dinner and overnight stay in tents.



Day 11: Osla – Taluka (13 kms/3-4 hrs)

The walk towards Taluka village is equally easy as the previous day. The beauty down the valley is really immaculate and worth it. Overnight in rest house/ hotel.

Day 12: Taluka (13 kms/3-4 hrs) – Sankri - Dehradun (215 Kms, 7-8 hrs)

The trek for the day is relaxing and fun walk through the forest and on well made road. On arriving Sankri we bid farewell to ponies/ porters. Board the vehicle and start driving towards Dehradun, the capital of Uttarakhand and have places of tourism aspect. On check into the hotel. Overnight in the hotel.

Day 13: Dehradun – Delhi

In the morning catch an AC train for Delhi at 05:10 hrs. Arrival at Delhi by 11:15 hrs.
Trip and Services Ends Here

COST OF THE TRIP

USD 1095/- per person* (for a minimum of 2-4 person)

INR 36800/- per person* (for a minimum of 2-4 person)

*4.9 % service tax extra



COST INCLUDES

- **Accommodation:** Hotel in Mussoorie & Dehradun with breakfast basis. While on trek we will use Dome/Alpine tents to make the accommodation comfortable.
- **Train:** AC Train ticket from Delhi to Dehradun & back
- **Transport:** **Toyota Qualis/Tavera** from Dehradun to Sankri & back to Dehradun.
- **Meals:** In Mussoorie & Dehradun only breakfast will be serving. While on trek all meals will be provided. The food would be mix of Indian, Chinese & Continental.
- **Camping equipment** like tents, sleeping bags, mattresses, mess tent, camping stools, table, toilet tent etc.
- **Mules/Porters:** For carrying rations, vegetables and some amount of personal gear of the clients (one bag not weighing more than 14 kgs).
- **Professional local** trekking guide and kitchen staff would accompany the group
- **Entry & permit fee for the park**
- **Trekking & Camping Charges**

COST DOES NOT INCLUDE

- Enroute meal
- Any charges for carrying still/video cameras etc.
- Alcohol, soft drinks, bottled water, beverages, etc.
- Personal expenses like tips, telephone calls, laundry, etc.
- Any meals/services not mentioned above
- Any costs arising out of unforeseen circumstances like landslides, road blocks, bad weather, etc.
- Travel insurance

Trekking Equipments List
<ul style="list-style-type: none">• Trekking shoes or Regular sports shoes Nike or Adidas• One warmer (jacket or equivalent with hood)• One wool shirt or sweater, Two cotton shirts/T-Shirts• One pair cotton trousers or shorts• One pair shorts or calf-length skirt for women• Three pairs of regular underwear• Long underwear - thermal or wool• Wind- and rain-gear with hood, Sun hat, Cotton socks 4 pair• Personal first-aid kit including medication for common ailments• Flashlight with extra batteries, Sunglasses• Water bottle, preferably wide mouthed, with at least one liter capacity• Pocket knife, Camera, Note book with pens and pencils• Plastic bags - small size for books, film etc., larger bags for clothes• Sun cream lotion• Personal toiletries